



Welcome to the first newsletter of DefendEUrself! We are excited to share the progress of this Erasmus+ project dedicated to empowering older adults across Europe with essential cybersecurity skills and digital safety knowledge.

What is DefendEUrself?

The project DefendEUrself is a adult education Erasmus+ KA2 Cooperation Partnership with 6 partners from 5 EU member states. The project will address the emerging cyber threats affecting senior citizens as technology continues to grow. The main objective of the DefendEUrself is to educate and enhance digital literacy through community outreach and learning modules that can be customized to meet specific needs of each group. To accomplish this goal, the DefendEUrself Project (October 2025-November 2027) utilizes three interrelated components; Needs Analysis/Research, Micro-Learning Modules and Online Community Platform.

Objectives of Our Project

- Assess and understand cybersecurity knowledge gaps among the elderly across partner countries through a large-scale survey of 600 respondents.
- Develop 21 interactive micro-MOOCs tailored to seniors' learning needs, covering topics from basic cybersecurity to safe social media use.
- Create an online platform serving as a hub for resources, community engagement and best practices in digital safety for older adults.
- Produce policy recommendations for decision-makers to strengthen cybersecurity education for the elderly at local and EU level.

The partnership

Open Education Hub (Belgium, Coordinator)	7HUB (Italy, Partner)	IEK ALTO (EEAPC) (Greece, Partner)
ReadLab Brussels (Belgium, Partner)	Casa do Professor (Portugal, Partner)	ART+INN (Lithuania, Partner)

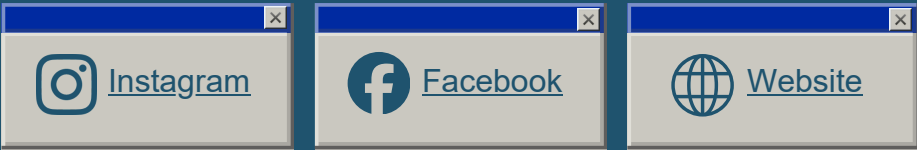
What has happened so far?

- A Kick-Off Meeting was held in Brussels**
This event allowed each project partner to agree upon how to collaborate with one another. A general understanding on project governance as well as communication pathways were agreed upon by all parties during this initial meeting.
- Data Collection**
Surveys were administered by each individual country's partner in an effort to assess the current level of cyber security awareness, digital practices and education requirements of older adults within each participating country. Together the 5 partner countries collected 600 responses from these surveys.
- National reports in progress**
Each partner has been analysing their national survey data and preparing country-level reports. These national reports will feed into the consolidated international in-depth analysis currently being finalized.
- Project visibility launched**
The project website, social media accounts and visual identity have been established. Management and dissemination plans are in place to guide the project's communication activities throughout its lifecycle.

What's next?

Validate and finalize the international in-depth report on cybersecurity needs of the elderly and make it accesible in partner languages.	Begin the preparation and content development of DefendEUrself training course.
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Are you a adult education provider, community organization or just interested in cyber security for older adults? Get involved in DefendEUrself! Follow us on social media or reach out to your national partner for more information.



Let's keep in touch!

More...

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